

## Caregiver Support Group



## Every Third Thursday of the Month | 5-6 p.m.

Roberts Hospice Care Center | 6400 St. Johns Avenue, Palatka

## Video conferencing available via Microsoft Teams!

To participate via Teams send your email address to trsenter@beyourhaven.org or text to 386.268.4125.

Caring for an aging or ill loved one? Being a caregiver can be physically and emotionally draining. Join Haven's free recurring Caregiver Support Group, where you can connect with others going through similar experiences and receive resources and encouragement. Additionally, clinicians, licensed social workers and other guest speakers will participate in the support group to answer questions.

Haven prioritizes the health and safety of patients, families, staff and the community; the Caregiver Support Group will follow COVID-19 protocols. The number of participants will be limited, screenings will be conducted and social distance will be honored.

If you have questions, please contact Haven Chaplain Tim Senter at trsenter@beyourhaven.org. Otherwise, we look forward to seeing you!